

Patricia Yvette Donaldson-Hunter

Patricia Yvette Donaldson-Hunter is a highly accomplished Mental Health Counselor with a diverse background in education and counseling. She holds an undergraduate degree in Elementary Education from Florida A&M University and a graduate degree in Counseling Education. Patricia is licensed in Mental Health Counseling through Jacksonville University and Webster University.

With nearly 10 years of experience in the field, Patricia has excelled in various roles, starting as an elementary teacher for 11 years before transitioning to a school counselor for 6 years. Her expertise and dedication led her to establish Trish's Counseling Care, LLC in Jacksonville, Florida.

Patricia's commitment to mental health and community impact is evident in her extensive involvement in the field. She has served as a Mental Health Counselor in the Clay County School District, received recognition as an UnSung Hero from Step by Step 4 Help Foundation, and is a certified Youth Mental Health First Aid Instructor. Patricia also serves on the CCSD Crisis team and is passionate about youth development, serving on the board of "Leveling the Playing Field", an organization focusing on mentoring single moms and their athlete sons.

Adding to her impressive portfolio, Patricia is a published author of five Children's Books, advocating for important conversations about emotions with children. She is a motivational speaker, a Grief Coach, and Speaker for The MIA Foundation~Mission In Agape, and a dedicated blogger providing valuable insights on mental health through her platform "Get Some 'Hunny' with your Tea". She has made multiple appearances on local news segments, spoken at various engagements, and been featured in published magazines. You can follow her on these social media platforms: Facebook, and Instagram.

Patricia's dedication to helping others unlock their true potential is rooted in her belief that mental health is as important as physical health. She is committed to creating accessible mental health resources and tools, aiming to improve the lives of individuals seeking support. Patricia's fusion of faith and therapeutic practice aligns with her belief that people can have both spiritual guidance and professional therapy.

Patricia has had a diverse career and has made significant contributions to the mental health industry, demonstrating her steadfast commitment to empowering individuals and communities. She has been married for 11 years and shares a passion for travel with her husband. Overall, she is living her best life, engaging in activities that bring her joy.